HOW TO MAKE A SNUFFLE MAT

This version is really easy to make

fully machine washable & uses a soft material mat

& some polar fleece 'pet blankets'

What you need:

- ⇒ 1 x material mat, approx. 50cm x40cm, This will make one large or cut in half 2 medium.
- ⇒ *Depending on the size you want to make you may need a sewing machine to sew along the cut edges (so it doesn't fray)*
- ⇒ Approximately 4-8 square metres of Polar fleece (*I used Polar fleece 'pet' blankets from Kmart – approx. 4 For a small, 8 for a large*)
- ⇒ Sharp scissors

If cutting mat, cut in half & sew along each cut side, approximately 1/2 to 1cm in from edge, trim off excess so edge is approximately 1/2 cm.

Lay out your polar fleece blankets and remove all stitching from the edge (and discard).

Then cut polar fleece into 'strips' these can be any length/width you prefer – (I did mine approximately 2 ½ cm by 20cm)

Get your mat and a piece of polar fleece.

Starting approximately 1-2cm from the edge push/pull the polar fleece through the mat so that you have even length 'strip', tie a knot at the base, repeat with the rest of the polar fleece (I usually leave approx.. 1cm between each knot) I find it easy to work in rows

At the end it should look something like this